

## PETER BREGMAN



**Peter helps successful people become exceptional leaders and stellar human beings.** He blends his deep expertise in business, leadership and people, to deliver quantifiable results such as *Turnarounds* (Ex: turning a \$30M loss into a \$140M gain), *Revenue/Stock Growth* (Ex: growing revenue from \$400M to over \$1 billion), *Executive Team Development* (Ex: shifting from silos to a unified leadership team resulting in stock price growth from \$19.38 to \$107.50), and *Personal Development* (promotion to C-level, 10X stock price growth, and sleeping well through the night).

**Peter is recognized as the #1 executive coach in the world by Leading Global Coaches,** He coaches C-Level executives in many of the world's premier organizations, including Allianz, Twilio, Electronic Arts, CBS, Mars, Pearson, Citi, Charity Navigator, United Media, FEI, and many others.

**Peter is ranked as a Top 30 thought leader by Thinkers 50 Radar and selected as one of the Top 8 thought leaders in leadership.** He is ranked by Global Guru's as one of the top 30 best Coaches in the world and one of the top 30 best leadership speakers/trainers in the world. He is the award-winning, best selling author and contributor of 18 books, including most recently, [You CAN Change Other People: The Four Steps to Help Your Colleagues, Employees—Even Family—Up Their Game](#). He also wrote [Leading with Emotional Courage: How to Have Hard Conversations, Create Accountability, and Inspire Action on Your Most Important Work](#). His book, [18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done](#), was a *Wall Street Journal* bestseller, winner of the Gold medal from the Axiom Business Book awards, named the best business book of the year by NPR, and selected by *Publisher's Weekly* and the *New York Post* as a top ten business book. He is also the author of [Four Seconds: All the Time You Need to Replace Counter-Productive Habits with Ones That Really Work](#), a *New York Post* "Top Pick for Your Career" in 2015, and [Point B: A Short Guide to Leading a Big Change](#).

**Peter created and leads the #1 Leadership Development Program in the world,** a four-day program that transforms the way people lead by increasing their confidence in themselves, their ability to connect with others, their commitment to what's most important, and their emotional courage.

**Peter designed the proven, proprietary Big Arrow process to align people to work together** to accomplish an organization's most important work, leveraging the Big Arrow Measurement tool to quantify the leadership and organizational gaps that block successful execution.

**Peter is the host of the top 10 Business Podcast, Bregman Leadership Podcast,** with over 1.5M downloads. He is also a regular contributor to the Harvard Business Review, and his articles and commentary appear frequently in *BusinessWeek*, *Fast Company*, *Psychology Today*, *Forbes*, PBS, ABC, CNN, NPR, and FOX Business News.

Peter earned his B.A. from Princeton University and his M.B.A. from Columbia University.

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